HerniaFix® Special hernia truss with an adjustable, anatomically-shaped pad
Art No. 110 300

Hernia trusses for reducible inguinal hernia (i.e. where fractures can be pushed back into their cavity), a proven therapy concept for several decades. The pad closes the hernial ring, thus hindering the emergence and trapping of the hernia.

Instructions for use
Apply the hernia truss when lying down. Reduce the hernia manually, then position the pad on the hernial ring. Then wrap the truss around the body at the level of iliac crest (between the waist and hip) and fasten it. Finally, guide the thigh strap between the legs around the thigh and attach it with the leather flap in the hip region.
You can loosen the two screws by 45° to rotate the pad and move it by 4 cm (approx. 1.6 inches) vertically. This enables adaptation in various positions and optimum setting for the hernial ring. When ready, re-tighten the screws.

Instructions for care
Hand wash the hernial truss using lukewarm water and mild detergents. Dry it in the fresh air. Avoid heat.

Indications
Reducible inguinal hernia

Contraindications
Non-reducible inguinal hernia, AOD, CVI, incarcerated hernia, latex allergy.

Important information
No re-use – this medical aid is intended for treating one patient. If wearing at night is prescribed, avoid negative influence on the circulatory system. In case of numbness, loosen the bandage and remove if necessary. In case of persistent complaints, consult a physician.

Sizes

<table>
<thead>
<tr>
<th>Size</th>
<th>Circumference of iliac crest</th>
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</thead>
<tbody>
<tr>
<td>Small</td>
<td>85 - 94 cm (approx. 33 – 37 inches)</td>
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<tr>
<td>Medium</td>
<td>95 - 105 cm (approx. 37 – 41 inches)</td>
</tr>
<tr>
<td>Large</td>
<td>106 - 115 cm (approx. 41 – 45 inches)</td>
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</tbody>
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Material composition
40% polyamide
36% polyester
12% elastodiene
12% cotton